

## Overview of NZSIA Adaptive Level Two Exam

**Duration:** Seven days – 5 days training, 2 days examination

**Overview:** Adapting the NZSIA stages 1-4 progression for each adaptive discipline. The course will cover the recommended teaching progression for: mono-ski, bi-ski, 4-track, 3-track, snowboard, visual impairments and intellectual impairments; lifting, loading & handling, etiquette, attitude and disability awareness.

The course is open to both alpine ski and snowboard instructors.

**Outcome:** The aim of the Adaptive Instructor Exam is to ensure qualified instructors are:  
Able to teach a safe, fun adaptive lesson (to a single disability)  
Able to demonstrate the use of adaptive equipment  
Have a good awareness of individual disabilities and their relationship to snowsports  
Aware of the adaptive aspects of mountain safety

**Qualification:** Assessment is based on continuous assessment, a two day practical exam and a written paper on disability awareness.

Two-day continuous assessment covers etiquette, attitude, disability awareness and mountain safety awareness

Written paper assesses ability to adapt the NZSIA stages 1-4 progression to each discipline noting the main points to teach to helpers and identifying the main red flags for disabilities associated with each discipline

Practical exam assesses ability to teach a safe, fun adaptive lesson to a single disability. It involves a 10 minute verbal presentation explaining the set-up of the skier/ boarder with equipment, main points for helpers and disability specific issues. The participant will then be required to teach the given scenario for approx 40 minutes

Successful candidates without NZSIA Level Two or equivalent will be awarded the Adaptive Instructor Qualification if they complete NZSIA Level Two or equivalent within two years.

### Pre-course Training:

At present no formal pre-course training is offered, however adaptive equipment is available at the following mountains: Whakapapa, Turoa, Mt Hutt (through Disabled Skiing Canterbury), Cardrona, Remarkables, Coronet Peak (by arrangement only) and Snowplanet.

Ad-hoc training is available through

- Leslie Johnston, Adaptive Coordinator, Cardrona
- Joe Hurrell, Adaptive Instructor, Mt Hutt through Disabled Skiing Canterbury
- Patrich Green, Adaptive Coordinator, Whakapapa

**Eligibility:** People wishing to attend this course should  
a) hold NZSIA Level Two Snowboard or Alpine ski qualification or overseas equivalent or have proven industry experience  
b) have experience of using adaptive equipment

**Venue:** Turoa – NI Exams – see website for dates  
The Remarkables – SI Exam see website for dates

**Cost:** \$791 per person  
Lift passes are the responsibility of the candidate

### Training Outline

Discipline	Topics covered for each discipline	Additional topics covered
▪ mono-ski	▪ Equipment & setup	▪ lifting, loading & handling
▪ bi-ski	▪ Disability awareness	▪ etiquette
▪ 4-track /snowboard	▪ Client assessment	▪ attitude
▪ 3-track	▪ Lifts & handling techniques	▪ disability awareness
▪ visual impairments	▪ The teaching progression (follows NZSIA stages 1-4)	
▪ intellectual impairments	▪ Skier / Boarder Analysis	
	▪ Demos	
	▪ Practice	