



NZSIA Ski

Children's Level One Teaching Certification Outline

The NZSIA qualifications are recognised internationally as some of the best in the world.

The NZSIA Examining Team comprise the most talented Ski trainers in New Zealand and it is our job to make sure you as the candidates have the best possible shot at successfully completing this course.

We aim to provide a fun, friendly educational environment that is non-threatening. If you have any problems with another candidate or your Examiner don't hesitate to approach me.

The following information is important, keep it handy during your course.

What you need to bring everyday:

- Your skis and boots. These should be well maintained and tuned. Have these kept off the mountain for the four days in case of a change in ski area due to weather.
- Helmets are highly recommended for all NZSIA courses
- Warm waterproof clothing including beanie and gloves. You'll be outside for the two days (if the mountain is open) for up to 6 hours per day.
- Sunglasses/goggles and sun cream.
- A packed lunch or lunch money.
- Money for lift tickets. Some participants may be eligible for discounted lift tickets during courses. Please inform the Ski Course Manager if lift tickets are required.
- A notebook & pencil to take down notes/important points.

My cell phone number is 027 249 1765 and is for **URGENT** calls only please.

Good luck.

Stephanie Brown - NZSIA Ski Course Manager

Administration Matters

All matters concerning registration, payments etc. should be referred to the admin office.

NZSIA exam process has been developed to ensure that each candidate is assessed in as fair and equitable manner. We appreciate feedback and you are encouraged to complete the evaluation forms provided on line after each course.

If you wish to personally discuss your results or any other matter relating to the course please contact the Ski Course Manager or write to NZSIA at the address below.

Email: admin@nzsia.org Phone: 03 4511534

Lift Tickets

Some participants may be eligible to apply for discounted lift tickets during courses. Please inform the Course Manager if lift tickets are required.

Daily Procedure

The days start at 9am when we meet at the designated meeting area at the bottom of the mountain. Meet on snow ready to ski -Meeting locations are as follows:

Coronet Peak - Outside on the café Deck near the clock

Cardrona - In front of the archway, uphill side

Treble Cone - Base of the six pack

Mt Hutt - Outside on snow uphill of café near the ski racks

Turoa - Outside in front of base area café near ski racks

For information on Overseas Courses click [here](#)

Closed Days

If the mountains are closed gather at the designated meeting point at 9:00am. An indoor session will be organised and a full day's content covered. Locations are as follows:

Wanaka - Cardrona town office cnr of Helwick and Dunmore St

Queenstown - The Station building (corner of Camp St and Shotover St)

Methven - Mt Hutt town office-Main St Methven

Turoa - RSA Ohakune Club 71 Goldfinch St Ohakune

If the mountain opens during the day we will try to get up the hill but this is sometimes impossible due to transport issues. Please have your equipment off the mountain in case.

Fitness, Incidents and Accidents

Our Ski Certifications are intensive courses of skiing and learning.

It is therefore important that you are physically fit and in good condition to be able to take full advantage of the training and education provided and to perform at your best for the whole period.

Hence, if you are/or become physically impaired/injured please bring this to the attention of the Ski Course Manager. A solution at this point will be advised. In the interest of safety and fairness to yourself and others the advice will most likely be to withdraw from the course. If you choose to continue against the advice of the Ski Course Manager there can be no recourse on the NZSIA.

Safety is our number one concern. Please report any incidents/accidents to your examiner or directly to the Ski Course Manager with facts, witnesses, location etc.

Safety Policy

NZSIA exams will require you to ski on a variety of terrain and conditions and complete specific tasks on snow. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task. Depending on the situation this may affect the results of your examination.

Course participants should be aware of and follow the **Snow Responsibility Code** at all times:

<http://www.nzsia.org/wp-content/uploads/2018/05/ACC-resource-alpine-snow-code-16.pdf>

Privacy Policy

In addition, we may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your course trainer if you do not want images of yourself used in this way.

For further info - <http://www.nzsia.org/privacy>

Attendance Policy

The learning on an NZSIA course is achieved through participation and interaction. There are elements of continual assessment and elements of specific assessment.

You will be expected to attend the course in full, including meeting at the correct time in the morning and participating in all activities.

As the daily outline might change due to weather and other unforeseeable considerations you should be prepared to have some flexibility as to where and when you need to be.

Not being able to attend the course in full may lead to you not being able to successfully pass the qualification.

Code of Conduct

As a member of the NZSIA we expect you to behave in a manner that adheres to the NZSIA Code of Conduct.

See here for more info –

<https://www.nzsia.org/wp-content/uploads/2018/05/NZSIA-Code-of-Conduct.pdf>

Children's Ski Level One Teaching Certification Outline

This qualification is open to NZSIA Ski Level One Certified Ski Instructors (or foreign equivalent from ISIA member country) who are Full or Associate members of the NZSIA.

The Children's Ski Level One Certification is held over two days.

Course Philosophy

The course is first and foremost designed to be an educational and inspirational experience. Candidates will be introduced to and gain a degree of understanding as to how children develop & ways to adapt their teaching accordingly, to achieve the highest level of participation and success for entry level skiers.

The course will focus more on how and why to teach, rather than specifics of what to teach, as this should already be known from the prerequisite Ski Level 1 Certification.

It is intended to be a fun, interactive and practical experience by work-shopping through information and tools for instructors to better understand and enhance their current teaching methods.

The NZSIA Children's Ski Level One Certification is primarily an educational course with assessments in teaching children during the course.

Children's Ski Level One sessions will cover and assess:

- Safety
- Children's Teaching Methodology
- The C.A.P. Model
- Intro to FUNdamentals
- NZSIA teaching up to & including chairlift riding for Children

Successful candidates will have a basic understanding and ability to apply the above to teaching Children (up to early teens) new to the sport of skiing.

Candidates are required to:

Teach lessons, or portions of lessons, demonstrating competency in the following.

- Basic ability to apply the Children's Teaching Model
- Basic and appropriate use of the CAP Model
- Effective safety and class handling
- Demonstrates understanding of FUNdamentals standards

Please ensure that you are familiar with the NZSIA Instructor's Manual, the Teaching Children Chapter. This will help you to understand much of the content covered in the course.

Manuals may be purchased online. The Ski Manual is also available as a download www.nzsia.org

Daily Outline

A sample of daily activities is below, which is subject to weather, available facilities, and other events etc. at the time of the course. THIS MAY BE DONE IN A DIFFERENT ORDER FROM WHAT IS SHOWN. Specific activities may vary from Examiner to Examiner.

Day 1

Building blocks for learning:

- Safety
- Children's teaching model
- CAP model

Day 2

FUNDamentals

- Application of information gained
- Free-Ski focuses

Presentation of results and certificates (end of day)

Assessment Area

Teaching:

Ability to teach children (up to early teens) that are new to the sport of skiing

Certification Scoring Criteria

The assessment for this course is based on your ability to teach children and this is made up of five key criteria as listed below. Candidates must show competency in all of these components to pass the Children's Ski Level One Certification.

- Teaching Presentations may be assessed on either or both days of the course.
- Your teaching ability encompassing the following checklist of criteria will be internally assessed by your trainer during the 2 days:
- Applied the 4 steps of Children's Teaching Model
- Appropriate use of the CAP Model
- Effective safety and class handling
- Understanding of FUNDamentals standards
- Fun and appropriate presentation style

Scoring Format

"Meets the Standard" - Teaching demonstrates understanding and competency in all of the key criteria to a level that would be acceptable in a lesson with children.

"Does Not Meet the Standard" - Teaching did not demonstrate enough understanding and/or competency in all of the key criteria and therefore would not be acceptable for teaching a children's lesson.

Ski Children's Teaching Cert Level One Teaching Topics

- 1) Demonstrate your understanding of the CAP Model for a group of (9 - 10) year olds who are first time skiers. Teach them to learn to use their equipment, wearing a helmet and moving around on the flats.
- 2) Demonstrate your understanding of the CAP Model for a group of (7 - 8) year olds who can move around on the flats. Teach them how to be in fore/aft, vertical and lateral balance as they slide down a gentle slope. Educate them on the snow code 'Ride to your ability, control your speed'
- 3) Demonstrate your understanding of the CAP Model for a group of (9 - 10) year olds who are making straight runs. Introduce a gliding wedge to them. Educate them on the snow code 'Look ahead'
- 4) Demonstrate your understanding of the CAP Model for a group of (5 - 6) year olds who are making controlled gliding wedges. Introduce turning to them. Educate them on the snow code 'Give others room'
- 5) Demonstrate your understanding of the CAP Model for a group (11 - 12) of year olds who are making controlled gliding wedges. Introduce turning to them. Educate them on the snow code 'Give others room'
- 6) Demonstrate your understanding of the CAP Model for a group of (13 - 14) Year olds who have been introduced to leg rotation. Teach them to maintain a stable upper body. Educate them on the snow code 'Obey all signs and closures'
- 7) Demonstrate your understanding of the CAP Model for a group of (5 - 6) year olds who are making shallow wedge turns. Teach them to make round wedge turns while helping them to understand why turning is better than going straight. Educate them on the snow code 'Look ahead'
- 8) Demonstrate your understanding of the CAP Model for a group of (7 - 8) year olds who are making round wedge turns. Teach them to balance on the outside ski during the second half of the turn. Educate them on the snow code 'Stop where you can be seen'
- 9) Demonstrate your understanding of the CAP Model for a group of (5 - 6) year who are making wedge turns. Take them on a terrain adventure using natural features to develop rotational skills. Educate them on the snow code 'Tired, take a rest'
- 10) Demonstrate your understanding of the CAP Model for a group of (9 - 10) year olds who a making wedge turns with lateral balance to the outside ski during the second half of the turn. Teach them to add vertical movement to their skiing. Educate them on the snow code 'Be aware of the conditions'
- 11) Demonstrate your understanding of the CAP Model for a group of (11 - 12) year olds who are making advanced wedge turns. Teach them to perform switch wedge turns. Educate them on the snow code 'Look ahead'
- 12) Demonstrate your understanding of the CAP Model for a group of (7 - 8) year olds who are making advanced wedge turns. Teach them a basic pop. Educate them on the snow code 'Give others room'