



## Telemark Trainers Workshop

The NZSIA TELEMARK Trainer's Certification is recognised as the qualification required to train other instructors. Whilst many Trainer-Certified members continue to be working as a NZSIA TELEMARK Examiner, this is not the main purpose of this qualification. It is focused on how to train new instructors and prepare them for the NZSIA TELEMARK Level One and Level Two Certifications.

The pathway is split into a 3-day workshop with a 2-day assessment later in the season. Before attending the exam (not the pre-course) you will need to submit the following via email, to [telemark@nzsia.org](mailto:telemark@nzsia.org)

- 500 word technical article on of your choice of topics (this could be teaching based, riding based, mental, physical, etc). This may be used on the NZSIA TELEMARK website in the future.

### What you need to bring everyday

- Current NZSIA TELEMARK Instructor's Manual (the printed version is not required on the snow, but you can download the PDF version to your phone).
- Money for lift tickets (some resorts offer discounted lift tickets to candidates during exams, Treble Cone, Cardrona, Porters, Turoa, Rainbow and Whakapapa offer discounts to NZSIA TELEMARK candidates while on course. If you work of another ski area it is a good idea to be=ring a letter confirming your employment
- Your skis, boots and bindings! These should be well maintained and tuned.
- Warm, waterproof clothing including eyewear and gloves. You'll be outside everyday (as long as the mountain is open) for up to 6 hours per day.
- A helmet is also highly recommended (mandatory at Snow Planet).
- A notebook to take down important points.
- Lunch or lunch money.

### Daily Procedure

On the first day you will be introduced to your Examiners and briefed on the day's content. The day starts at 9am (and finishes between 3.30 and 4pm) at the following meeting places:



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- Coronet Peak- café area.

### Closed Days

If the mountain is closed, call Greg 0272262822. You will be told where we have organised an indoor session or alternative plan. Always take your equipment off the mountain each day – as if the mountain is closed another may be open.

### Safety Policy and Incidents/Accidents

NZSIA TELEMARK courses/exams may require you to ski in a variety of conditions, terrain, and park/pipe features while completing specific tasks. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task.

Depending on the situation this may affect the results of your examination. Course participants should be aware of and follow the Snow Responsibility Code at all times. Please report any incidents/accidents and near misses to your Examiner or directly to the Course Manager with the details, witnesses, location etc.

### Photos/Video

We may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your trainer if you do not want images of yourself used in this way.

### Development and Feedback

At the NZSIA TELEMARK we welcome your feedback and appreciate constructive ideas, if you have any feedback please talk with your Trainer or Course manager.

### Professionalism

Please remember that all your professionalism and mountain conduct is continually assessed (when it can be observed) during the whole course. This includes punctuality, appearance and general manners.

### Trainer's Cert Re-sit Policy



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To be successful in achieving this qualification you will need to pass all four components (Teach-to-Teach Clinic, Personal Development Clinic, Riding and Analysis). There is no partial resit offered at Trainers Cert. You MUST pass everything at the same time.

### Contact Details

All matters concerning registration, payments, etc. should be referred to the admin office in the first instance - Email: [admin@nzsia.org](mailto:admin@nzsia.org) Ph: 03 4511534.

For URGENT matters only, please contact the Course Manager on [telemark@nzsia.org](mailto:telemark@nzsia.org) or you can call Greg directly on 0272262822.

### Trainers Certification; Course Out Line

#### Workshop

The workshop includes modules on clinicing skills, demonstrations in the Level One, Two and Three Certifications, Rider analysis (benchmarking what a level 1&2 are) and personal rider improvement.

Candidates are expected to present a 30 minute teach-to-teach clinic during the workshop with peer interaction. The clinic should be aimed at Level One and Two exam candidates or instructor trainees, and the topic will be based around an introduction to any of the teaching progressions within the Level One or Two exams or the NZSIA TELEMARK lesson format.

Therefore, you will need to be very familiar with the content of the Level One and Two exams (course outlines are available online).

After the workshop you will have a debrief session with your Examiners. This is to discuss your personal performance and to recommend a course of action for you moving forward for your exam preparation.

Please note: Daily content may vary according to weather, snow conditions, closed days etc. Portions of the workshop or exam may be held indoors if necessary. If closed days occur during the exam

results may be based on candidate's performance during the workshop.

#### Day 1: Level One day

Training vs teaching. Creating a learning environment (changing techniques from teacher to trainer)

CCCC and Teaching models What and Why.



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Teach-to-teach for Level One exam candidates (your presentation could be filmed and then reviewed)

Demos for Level One

Movement analysis (all the time)

Day 2: Level 2 day

Teach-to-teach Level Two exam candidates Demos for Level Two exams

Telemark skiing development (continual)

Off-snow debrief of the day and prepare for following day

Day 3: Video of your skiing Movement analyse and review detect and correct

Teach to develop level two

Off snow de brief