



NZSIA Technical Team Selection

The NZSIA Ski Division will select a new Technical Team in October, the goal of the Tech Team is to help the Ski Committee and the Ski Division continue the development of High Performance skiing.

This is achieved through collaboration with the Ski Committee on the Technical direction of the NZSIA as well as presenting on-snow and indoor clinics to the NZSIA membership

The term will be from October 2019 to October 2023.

The size of the team selected will be based on performance not a predetermined number, however the minimum number of team members selected will be 10 and maximum number will be 14.

The Tryouts will be from the 4th to the 6th of October, with the team announced on the 6th October.

Depending on numbers attending there may be a cut made after the first day of the tryout.

Pre-requisites

1 - Eligibility is NZSIA L3 NZ Resident, or if a person already has their NZ Trainers Certification then the residency requirement is not necessary (i.e. Non-Residents with NZ Trainers Cert are eligible.)

2 - Video submitted by the 1st October

Being proficient and comfortable working in an online space is becoming an important skill for prospective team members. Therefore we are requiring a video presentation to be submitted for judging prior to the on-snow selection.

The video needs to be between 2min and 5min in duration, you can choose any topic as long as it has relevance to the NZSIA membership.

The criteria for judging the video is:

- Technically accurate
- Supports NZSIA methodology
- Clarity of message
- Good level of editing and production

Videos need to be submitted on a USB Drive in MP4 format and delivered to either Garrett, DT or Steph

Selected videos will be posted on-line for the benefit of the NZSIA membership.

On-Snow Selection

Skiing Criteria

Outline to help you prepare for the skiing section of the Technical team tryouts

The last team worked hard to develop clarity around the technique that was presented at interski in Bulgaria.

The goal of the new technical team is to develop consistency of these mechanics across all the team members and throughout our division.

This will therefore be the basis of the criteria for the ski selection process in October. The key elements that should be in the forefront of your preparation are.

1 - In the control phase

Pelvis and upper body square to the direction of travel of the skis.

Accurate control of the ankle knee and hip joints to maintain fore aft and lateral balance resulting in exceptional control of leg movements to build pressure to the outside ski.

2 - During Completion and Initiation

Separation between the lower and upper body is developed as the skis turn across the path of the centre of gravity through turn completion.

Flexion is used to manage pressure as the skis are released and steered off their edges. Exceptional control of the path of the COG to direct the momentum towards the new outside ski. Platform is developed from the snow up when the feet are under the body.

Please refer to the Interski Technical Presentation 2019, the standards document and the NEW manual for more detail.

Presenting Criteria

The purpose of this assessment is to evaluate your ability to present a clinic with minimal preparation time therefore highlighting your retained understanding of the high-performance model.

You will be given a topic at the base of the resort and given 30min to prepare and then present a 30min clinic, topics will be broad to allow you scope to take the clinic in multiple directions.

The clinic will be presented on-snow to 3 of your peers

The assessment will be based on:

- Comprehensive topic knowledge
- Has meaning/ relevance for the audience
- Effective use of body language
- Language highly appropriate to audience and topic
- Able to engage and sustain interest, attention and leaves the audience wanting to hear and see more
- Accurate use of visuals that complement the verbal to effectively promote the topic
- Presentation has a clear and effective structure
- Delivered within the time frame (30 Mins)

Scoring Criteria

50% - Clinic and Video Presentation 50% - Skiing