



NZSIA Ski Children's Level Two Certification Outline

The NZSIA qualifications are recognised internationally as some of the best in the world.

The NZSIA Examining Team comprise the most talented Ski trainers in New Zealand . The courses and exams are designed to develop candidates in both Skiing and Teaching.

Learning is an active participation partnership between the teacher and the learner.

The NZSIA examining staff endeavour to facilitate your development as much as you are capable of with in the given time frame.

We aim to provide a fun, friendly educational environment that is non-threatening. If you have any problems with another candidate or your Examiner don't hesitate to approach me.

The following information is important, keep it handy during your course.

What you need to bring everyday:

- Your skis and boots. These should be well maintained and tuned. Have these kept off the mountain for the four days in case of a change in ski area due to weather.
- Helmets are mandatory for this course
- Warm waterproof clothing including beanie and gloves. You'll be outside for all three days (if the mountain is open) for up to 6 hours per day.
- Sunglasses/goggles and sun cream.
- A packed lunch or lunch money.
- Money for lift tickets. Some participants may be eligible for discounted lift tickets during courses. Please inform the Ski Course Manager if lift tickets are required.
- A notebook & pencil to take down notes/important points.

My cell phone number is 027 249 1765 and is for **URGENT** calls only please.

Good luck.

Stephanie Brown - NZSIA Ski Course Manager

Administration Matters

All matters concerning registration, payments etc. should be referred to the admin office.

NZSIA exam process has been developed to ensure that each candidate is assessed in as fair and equitable manner. We appreciate feedback and you are encouraged to complete the evaluation forms provided on line after each course.

If you wish to personally discuss your results or any other matter relating to the course please contact the Ski Course Manager or write to NZSIA at the address below.

Email: admin@nzsia.org Phone: 03 4511534

Lift Tickets

Some participants may be eligible to apply for discounted lift tickets during courses. Please inform the Course Manager if lift tickets are required.

Daily Procedure

The days start at 9am when we meet at the designated meeting area at the bottom of the mountain. Meet on snow ready to ski -Meeting locations are as follows:

Cardrona - In front of the archway, uphill side

For information on Overseas Courses click [here](#)

Closed Days

If the mountains are closed gather at the designated meeting point at 9:00am. An indoor session will be organised and a full day's content covered. Locations are as follows:

Wanaka - Cardrona town office cnr of Helwick and Dunmore St

If the mountain opens during the day we will try to get up the hill but this is sometimes impossible due to transport issues. Please have your equipment off the mountain in case.

Fitness, Incidents and Accidents

Our Ski Certifications are intensive courses of skiing and learning.

It is therefore important that you are physically fit and in good condition to be able to take full advantage of the training and education provided and to perform at your best for the whole period.

Hence, if you are/or become physically impaired/injured please bring this to the attention of the Ski Course Manager. A solution at this point will be advised. In the interest of safety and fairness to yourself and others the advice will most likely be to withdraw from the course. If you choose to continue against the advice of the Ski Course Manager there can be no recourse on the NZSIA.

Safety is our number one concern. Please report any incidents/accidents to your examiner or directly to the Ski Course Manager with facts, witnesses, location etc.

Safety Policy

NZSIA exams will require you to ski on a variety of terrain and conditions and complete specific tasks on snow. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task. Depending on the situation this may affect the results of your examination.

Course participants should be aware of and follow the **Snow Responsibility Code** at all times:

<http://www.nzsia.org/wp-content/uploads/2018/05/ACC-resource-alpine-snow-code-16.pdf>

Privacy Policy

In addition, we may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your course trainer if you do not want images of yourself used in this way.

For further info - <http://www.nzsia.org/privacy>

Attendance Policy

The learning on an NZSIA course is achieved through participation and interaction. There are elements of continual assessment and elements of specific assessment.

You will be expected to attend the course in full, including meeting at the correct time in the morning and participating in all activities.

As the daily outline might change due to weather and other unforeseeable considerations you should be prepared to have some flexibility as to where and when you need to be.

Not being able to attend the course in full may lead to you not being able to successfully pass the qualification.

Code of Conduct

As a member of the NZSIA we expect you to behave in a manner that adheres to the NZSIA Code of Conduct.

See here for more info - -

<https://www.nzsia.org/wp-content/uploads/2018/05/NZSIA-Code-of-Conduct.pdf>

Children's Ski Level Two Certificate Outline

This qualification is open to NZSIA Ski Level Two Certified Ski Instructors (or foreign equivalent from ISIA member country) who are Full or Associate members of the NZSIA.

The Children's Ski Level Two Certification is held over three days.

Course Philosophy

The course is first and foremost designed to be an educational and inspirational experience.

Candidates will be introduced to and gain a degree of understanding as to how children develop &

ways to adapt their teaching accordingly, to achieve the highest level of participation and success for entry level skiers.

The course will focus more on how and why to teach, rather than specifics of what to teach, as this should already be known from the prerequisite Ski Level 2 Certification.

It is intended to be a fun, interactive and practical experience by work-shopping through information and tools for instructors to better understand and enhance their current teaching methods.

The NZSIA Children's Ski Level Two Certification is primarily an educational course with assessments in teaching children during the course.

Children's Ski Level Two sessions will cover and assess:

- Safety
- Children's Teaching Methodology
- The C.A.P. Model
- FUNDamentals (blue to black levels)
- NZSIA teaching from a wedge parallel skier, up to an advanced parallel, short turns and easy off piste

Successful candidates will have a basic understanding and ability to apply the above to teaching Children (up to early teens) who are intermediate to advanced skiers.

Candidates are required to:

Teach lessons, or portions of lessons, demonstrating competency in the following.

- Strong ability to apply the Children's Teaching Model
- Strong and appropriate use of the CAP Model
- Good safety and class handling
- Demonstrates understanding of FUNDamentals standards

Please ensure that you are familiar with the NZSIA Instructor's Manual, the Teaching Children Chapter. This will help you to understand much of the content covered in the course.

Manuals may be purchased online. The Ski Manual is also available as a download www.nzsia.org

Daily Outline

A sample of daily activities is below, which is subject to weather, available facilities, and other events etc. OUTLINE MAY BE DONE IN A DIFFERENT ORDER FROM WHAT IS SHOWN. Specific activities may vary from Examiner to Examiner.

Day 1

Review building blocks for learning

- The modern child
- Understanding MI Theory and its applications for teaching children
- How to motivate a child
- Movement analysis (online- real vs.ideal - must be completed by 12pm day 1)
- Teaching topics toolbox of ideas

Day 2

- FUNdamentals (Blue and above)
- How to give feedback
- Multi-day programmes (online- must be completed by 12pm day 2)
- Draw of teaching topics for day 3

Day 3

- Teaching assessments to approx. 4 students
- Results and certificates

Assessment Areas

Teaching:

Ability to teach children (up to early teens) that are intermediate to advanced level skiers.

Skier Analysis

Skier Analysis is the process of identifying and understanding how to effect key areas for improvement in students to enhance their skiing skills & overall enjoyment of the sport. Instructors need to effectively identify skiers needs & create effective, relevant lesson plans.

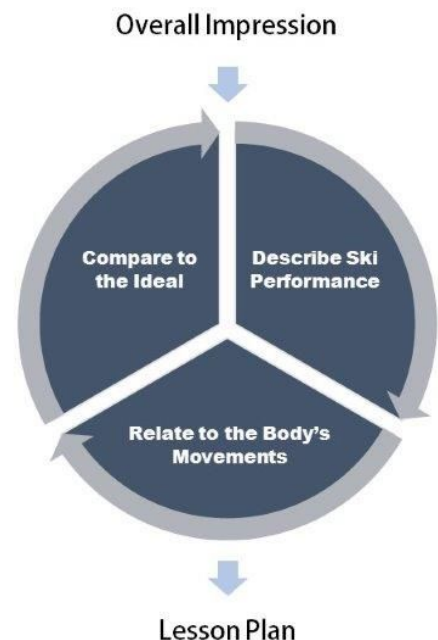
In order to identify student's needs, it is recommended to use the following structure:

Overall Impression

Give a good overall impression of the skier. This should include and assessment of athletic ability, & how comfortable they appear on the terrain.

Describe Ski Performance

- Describe the turn shape and turn type.
- Identify and describe what you consider to be the most important areas of the skis performance.
- Be phase and outcome specific when describing the skis performance.



Relate the skier's performance to the body's movements

- Describe the stance of the skier being specific to the joints of the body.
- Identify and describe what you consider to be the most important areas of body movements that are causing the skier to do what they are doing.
- Be phase, movement, and body part specific when describing movements of the body.
- Create cause and effect relationships between the skier's performance and the movements of the body.

Compare to the Ideal

How does that skier and their skier's performance and body movements compare to the ideal?

Goal

State a goal for the skier that will develop them.

Lesson Plan

Prioritise the skier's technical needs to achieve the stated goal (compare to the ideal)
Step by Step lesson plan that is relevant to analysis of the skier and facilitates the goal.

Certification Scoring Criteria

The assessment for this course is based on 2 components:

- Completion of online modules (3 parts)
 - Part 1 must be completed prior to course commencement
 - Part 2 completed by midnight of the first day
 - Part 3 completed by midnight of the second day
- On snow teaching presentation

Standards for Teaching

- Good application of the Children's Teaching Model
- Appropriate use of the CAP Model
- Good and appropriate class handling and safety
- Demonstrates understanding of FUNdamentals standards
- Ability to create an appropriate multi day product (online and on questioning)
- Understands children of the modern age
- Shows good ability to adapt teaching style using MI Theory

Standards for Online Test

- Achieves 80% in child development and theorem.
- Movement Analysis: Shows reasonable understanding of real versus ideal and taking into consideration the CAP model and children's teaching model.

- Multi day product ensured there would be technical achievement for the students through fun ideas/concepts, showed understanding of CAP, and good application of the children's teaching model.

Children's Cert Online E-Learning course: To complete the online E-learning course log onto the NZSIA website. At <http://www.nzsia.org/member/> Then, login enter username and password. If you're unsure of username and/or password, click on forgotten username/password. Once in profile page click on Ski E-learning. You will then need to re-enter username and password to access E-learning.

Scoring Format

Meets the Standard " - Teaching demonstrated understanding and competency in all of the key criteria to a level that would be acceptable in a lesson with children.

"Does Not Meet the Standard" - Teaching did not demonstrate enough understanding and/or competency in all of the key criteria and therefore would not be acceptable for teaching a children's lesson.

Children's Ski Level 2 Certification

Teaching Topics

CANDIDATES SHOULD TEACH, NOT JUST PRESENT INFORMATION, AND LEAD THEIR STUDENTS LIKE A CLASS. (approx. 30mins presentation time/candidate depending on terrain/lift)

1. Motivate your 5-6 year old students to make wedge turns, highlight why turning is better and safer than going straight (rotational movement, size of wedge)
2. Your 8-10 year old students are making wedge parallel turns. They are skidding on blue runs. Help them to learn the benefits of a round turn shape(lateral and rotational movements)
3. You have confused and un-attentive 10-12 year old students who are making wedge-parallel turns, assess the students dominant intelligence to help make skiing simple and engaging so they want to come back for another lesson(Multiple Intelligences)
4. Take your group of 5-6 year old skiers, who are making basic-parallel turns, on a terrain adventure using natural and/or man made features to develop skills (safety, appropriate use of terrain, understanding of skill development)

5. Your 8-10 year old students who learn differently from your own intelligence dominance, are making parallel turns. Teach them to make short turns on easy terrain (lateral and rotational movements rate of leg steering),

6. Your group of teenagers are making advanced parallel turns. Teach them to carve so they will do well in their race on the weekend, also help them to understand how speed will enable them to create higher ski performance “carving” which in turn will help them do well at the competition (Lateral movement, F\A & Vertical)

7. Your group of 8-10 year olds are making basic-parallel turns, introduce them to skiing switch (Fore/aft and rotational, safety)

8. Introduce your group of 10-12 year old students to off piste terrain, educate them on the challenges and safety they will face while skiing off piste (Vertical movement, Lateral Balance)

9. Develop confidence within your group of 10-12 year old students, so they can make situational short turns on steeper/off piste terrain. (Rotational/lateral Movement /intensity and timing of movement. CAP model)