



**HEALTH
CONNECT**
QUEENSTOWN



Introduction to Health Connect

Since opening in Remarkables Park in 2015, the Health Connect clinic has grown and expanded to include three fully qualified and registered osteopaths, and two clinical massage therapists.

We have a particular interest in paediatric and post natal care from small babies upwards. Being situated in Queenstown, we also see a lot of people from the extreme sports community, and enjoy the challenge of helping people with long term or chronic problems which often involves working closely with other health professionals to give you the best treatment possible.

Health Connect strives to be a truly holistic health clinic. Our approach values clear communication and excellent patient-practitioner relationships with a focus on treating the whole person, not just your symptoms.

Osteopaths don't simply just treat your injury or pain, we are concerned with all the factors associated with it. These might postural or bio-mechanical issues, previous trauma or injuries, lifestyle and working life factors, nutrition, or disorders of the neurological and immune system. We work closely with our clinical massage therapists as well as a variety of other health practitioners in Queenstown to ensure you get the best treatment for you.

Health Connect for &

As health care practitioners in this town and all being into winter sports ourselves we are well aware of the toll our bodies can take sometimes. Whether it be direct traumas, aches and pains which accumulate throughout the seasons or other health concerns we never give time to.

This is why Health Connect would like to offer to all the NZSIA and SBINZ staff and members a discount of 20% off all initial treatments, both Private and ACC.

How can we help?

Our Osteopaths at Health Connect are all fully qualified and specialised in muscular-skeletal conditions, cranial-sacral and visceral Osteopathy.

At Health Connect our goal is to consider all aspects of your health in order to get to the root of the problem. Often this requires more than just an assessment of your musculoskeletal health, and so we allow time to consider other elements of your lifestyle such as your history of injuries & trauma, working life, nutrition and more. Therefore, all our Osteopathic appointments are 45 minutes long, including follow ups.

We look forward to hearing from you.

Kind regards,

The Team at Health Connect

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