



## Level Three Certification

The SBINZ Level Three is recognised throughout the world as one of the highest levels of snowboard instruction, at the “full cert” ISIA standard. It is aimed at instructors currently working in the industry who want to progress towards teaching advanced students in all-mountain situations. It is comprised of a six-day workshop followed by a three-day exam at a later date, with assessment criteria in teaching, riding and analysis. The following information is important so keep it handy during your exam.

### What you need to bring everyday

- **Current** SBINZ Instructor’s Manual (the printed version is not required on the snow, but you can download the PDF version to your phone).
- Money for lift tickets (*some resorts offer discounted lift tickets to candidates during exams, Treble Cone, Cardrona, Porters, Turoa, Rainbow and Whakapapa offer discounts to SBINZ candidates while on course. A list of names will be given to the ski school ticket office.*)
- Your board, boots and bindings! These should be well maintained and tuned.
- Warm, waterproof clothing including eyewear and gloves. You’ll be outside everyday (as long as the mountain is open) for up to 6 hours per day.
- A helmet is also highly recommended (mandatory at Snow Planet).
- A notebook to take down important points.
- Lunch or lunch money.

### Daily Procedure

On the first day you will be introduced to your Examiners, organised into groups and briefed on the day’s content. The day starts at 9am (and finishes between 3.30 and 4pm) at the following meeting places:

- Cardrona - ski school meeting area (through the arch on the right hand side).
- Coronet Peak - on the deck outside the café.
- The Remarkables - at ski school meeting area (left hand side of base building looking uphill).
- Treble Cone - outside the ski school office, next to the beginner slope.
- Mt.Hutt - outside the ski school office (upstairs from car park, turn left).
- Whakapapa - outside Lorenz’s café at the bottom of the rock garden chair.
- Turoa - outside the café at the bottom of the mountain.
- Niseko Grand Hirafu – outside Dot Base Café near the welcome center.

### Closed Days

If the mountain is closed, gather at the designated meeting point at 9.30am. You will be told where we have organised an indoor session which will start at 10am (we can’t always book an indoor venue at the designated meeting place so we give you 30 mins to get to the new venue). Please wait until an Examiner arrives to brief you (don’t ask staff members at the meeting place as they won’t know). Locations are as follows:

Wanaka - Cardrona town office (Dunmore St)

Queenstown - The Station building (corner of Camp/Shotover Streets)

Methven - Mt Hutt town office

Turoa – The Ohakune Club (Goldfinch St, Ohakune)

Whakapapa - D.O.C. Info Centre (Whakapapa Village)

### **North Island Only**

If the ski areas are on hold or closed we will decide our course of action at 8.15am. Please listen to the radio report or check the Mt Ruapehu website to find out.

- If both ski areas are on hold or closed, go to the closed day plan.
- If our ski area is on hold or closed (regardless of whether the other ski area is open or on hold) please contact the Course Manager to find out the plan for the day. Depending on what is open at the other ski area we may go there, or we may have an indoor day.

### **Safety Policy and Incidents/Accidents**

SBINZ courses/exams may require you to ride in a variety of conditions, terrain, and park/pipe features while completing specific tasks. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task. Depending on the situation this may affect the results of your examination. Course participants should be aware of and follow the **Snow Responsibility Code** at all times. Please report any incidents/accidents to your Examiner or directly to the Course Manager with the details, witnesses, location etc.

### **Photos/Video**

We may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your trainer if you do not want images of yourself used in this way.

### **Development and Feedback**

At the SBINZ we welcome your feedback and appreciate constructive ideas, if you have any feedback please talk with your Trainer or Course manager.

### **Professionalism**

Please remember that all your professionalism and mountain conduct is continually assessed (when it can be observed) during the whole five days. This includes punctuality, appearance and general manners.

### **Level Three Re-sit Policy**

To be successful in achieving this qualification you will need to pass all three components (Riding, Teaching and Rider Analysis). To be eligible for a re-sit you must have passed at least one of the three components. The other one or two components must be re-sat and passed within a 12-month window from the Level Three exam in which you passed your first component. After this 12-month window you will be required to sit all components again. The opportunities to resit each component are as follows:

- Riding: if unsuccessful here, you will need to be re-assessed during the riding days (usually the first and second day, depending on weather) of the Level Three Exam.
- Teaching: if unsuccessful here, will need to attend the teaching day (usually day three, weather depending) of the Level Three Exam.
- Rider Analysis: if unsuccessful here, this will be reassessed at a time and off-snow venue on the first day of the Level Three Exam.

### **Contact Details**

All matters concerning registration, payments, etc. should be referred to the admin office in the first instance - Email: [admin@nzsia.org](mailto:admin@nzsia.org) Ph: 03 4511534.

For URGENT matters only, please contact the Course Manager on [snowboard@nzsia.org](mailto:snowboard@nzsia.org) or you can call directly on 021 078 4718.

**G o o d l u c k f r o m t h e t e a m a t S B I N Z !**

## Level Three Certification: Course Outline

### Level Three Workshop

The Level Three Workshop is a six-day course designed to create an environment of sharing and development. The first three days of the workshop are focused on riding. The last three days are focused on teaching and analysis. However, this may be adjusted according to weather and closed days, where some teaching content may be switched with riding content. Before attending the workshop you should have spent time preparing and training, by teaching and riding in as many varied situations as much as you can, and studying the most recent version of the SBINZ manual (available in print and as a PDF download on the website). The workshop is there to guide you in the right direction, rather than handing you the answers on a plate. Prior to attending the workshop, you MUST have completed the Level Three E-Learning course, accessible through your member login at [www.nzsia.org/member](http://www.nzsia.org/member).

#### Day 1: Riding Focus

- Review directions of movement and board performance, whilst learning how to quantify movements using range, timing and power.
- Develop advanced turn types, with size and shape appropriate to terrain and situation. Video both on and off-trail.
- Indoor analysis of the video.
- Rider improvement with self-reflection from video analysis session.

#### Day 2: Riding Focus

- Rider improvement using exercises for advanced carving. Specific individual feedback and movement focuses will be given.
- Terrain tactics with rider improvement for both terrain variables and snow condition variables. Self-reflection will be challenged throughout the day.

#### Day 3: Riding Focus

- Rider improvement for freestyle, with 360's both directions on small park jumps, presses and boardslides on flat box features.
- All-mountain freestyle with 360s on natural features, butters, drops and hardways spins (toe-to-toe and heel-to-heel).
- Video will be used at some point throughout the day.

#### Day 4: Teaching/Analysis Focus

- Intro to Level Three analysis indoor session using freestyle footage from the day before, with an introduction to the Domino Effect.
- Introduce feedback methods and question-based learning, with freestyle/versatility riding tasks.
- Introduce freestyle teaching content with ATTL, experiential and environmental teaching.
- Homework: written analysis on specified rider online.

#### Day 5: Teaching/Analysis Focus

- Review progression elements for advanced turn types.
- Tactical approach to freeride situations using SCOPE. Ride different terrain with candidates leading the decision making process (What, Why, How).
- Written video analysis with peer reviews from homework.
- Verbal video analysis, setup as it will be in the exam (with detect, correct and develop).

#### Day 6: Teaching/Analysis Focus

- Summarise written analysis from day before.
- Teaching advanced carving with a question-based learning focus.
- Practice teaching scenarios with self-reflection and peer feedback.

## Level Three Exam

The Level Three Exam is held over three days, assessing riding, teaching and rider analysis. The schedule may change due to weather, so be ready to take any part of the assessment on any day.

### Day 1:

- **Freestyle Riding Assessment** (morning) – if conditions permit, all freestyle aspects will be assessed here. This includes frontside and backside 360s, presses and boardslides, and some all-mountain freestyle elements. The morning may consist of additional riding tasks should there be poor weather in the forecast.
- **Rider Analysis Assessment** (afternoon) - You will be assessed using 2 riders, the first with a written test and the second verbally with the Examiners. You need to pass both sections to be successful. The first rider will be shown on a video that will continually loop for 10 minutes, with another 20 minutes given to complete a written test (total of 30 minutes). You can begin filling out the test as soon as the video starts. The second rider will be shown twice on a video, after which time you must answer a series of questions from two Examiners. A copy of both the written test and the verbal questions can be found on the website on the [downloads page](#).

### Day 2:

- **Freeride, Carving and Versatility Riding Assessment** – This can occur on any terrain or snow conditions on the mountain, e.g. steeps, bumps, crud, ice, powder, slush, groomed runs etc. Candidates can be assessed on any task or combination of turn type/size/shape as selected by the Examiners. The variety of riding tasks you may be required to perform can be found in the Level Three Riding Tasks video, however additional tasks may be included at the Examiner's discretion.

### Day 3:

- **Teaching Assessment** – Candidates will teach a 30-40 minute lesson, with the other exam candidates as students. The lesson is aimed at an advanced rider who is having a particular riding issue within one of the Development Options – Carve, Freeride, Freestyle. Candidates are required to create their lesson on the spot, once they have verbally identified the student's goals and issues. All teaching models and methodologies in the SBINZ manual should be used within this teach, where appropriate, from Level One concepts such as Safety-Fun-Achievement and the SBINZ Lesson Format, through to Level Two concepts such as VAK and Environmental/Experiential Teaching, and Level Three concepts like Question-based Learning and the Domino Effect.
- Presentation of results will be in the evening in town, at a venue to be confirmed on the day. Candidate and Examiner feedback is exchanged and discussed.