



Level Two Certification

The SBINZ Level Two is recognised within New Zealand and in many countries around the world, as the bench mark for teaching intermediate snowboarders. It is a six-day course, with assessment criteria in teaching, riding and analysis. The following information is important so keep it handy during your exam.

What you need to bring everyday

- **Current** SBINZ Instructor's Manual (the printed version is not required on the snow, but you can download the PDF version to your phone).
- Money for lift tickets (*some resorts offer discounted lift tickets to candidates during exams, Cardrona, Porters, Turoa, Rainbow and Whakapapa offer discounts to SBINZ candidates while on course. A list of names will be given to the ski school ticket office.*)
- Your board, boots and bindings! These should be well maintained and tuned.
- Warm, waterproof clothing including eyewear and gloves. You'll be outside everyday (as long as the mountain is open) for up to 6 hours per day.
- A helmet is also highly recommended (mandatory at Snow Planet).
- A notebook to take down important points.

Daily Procedure

On the first day you will be introduced to your Examiners, organised into groups and briefed on the day's content. The day starts at 9am (and finishes between 3.30 and 4pm) at the following meeting places:

- Cardrona - ski school meeting area (through the arch on the right hand side).
- Coronet Peak - on the deck outside the café.
- The Remarkables - at ski school meeting area (left hand side of base building).
- Treble Cone - outside the ski school office, next to the beginner slope.
- Mt.Hutt - outside the ski school office (upstairs from car park, turn left).
- Whakapapa - outside Lorenz's café at the bottom of the rock garden chair.
- Turoa - outside the café at the bottom of the mountain.
- Niseko Grand Hirafu – outside Dot Base Café near the welcome center.
- Other international locations – to be advised depending on location.

Closed Days

If the mountain is closed, gather at the designated meeting point at 9.30am. You will be told where we have organised an indoor session which will start at 10am (we can't always book an indoor venue at the designated meeting place so we give you 30 mins to get to the new venue). Please wait until an Examiner arrives to brief you (don't ask staff members at the meeting place as they won't know). Locations are as follows:

Wanaka - Cardrona town office (corner of Helwick/Dunmore St)

Queenstown - The Station building (corner of Camp/Shotover St)

Methven - Mt Hutt town office

Turoa – The Ohakune Club (Goldfinch St, Ohakune)

Whakapapa - D.O.C. Info Centre (Whakapapa Village)

North Island Only

If the ski areas are on hold or closed we will decide our course of action at 8.15am. Please listen to the radio report or check the Mt Ruapehu website to find out.

- If both ski areas are on hold or closed, go to the closed day plan.
- If our ski area is on hold or closed (regardless of whether the other ski area is open or on hold) please contact the Course Manager to find out the plan for the day. Depending on what is open at the other ski area we may go there, or we may have an indoor day.

Safety Policy and Incidents/Accidents

SBINZ courses/exams may require you to ride in a variety of conditions, terrain, and park/pipe features while completing specific tasks. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task.

Depending on the situation this may affect the results of your examination. Course participants should be aware of and follow the **Snow Responsibility Code** at all times. Please report any incidents/accidents to your Examiner or directly to the Course Manager with the details, witnesses, location etc.

Photos/Video

We may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your trainer if you do not want images of yourself used in this way.

Development and Feedback

At the SBINZ we welcome your feedback and appreciate constructive ideas, if you have any feedback please talk with your Trainer or Course manager.

Professionalism

Please remember that all your professionalism and mountain conduct is continually assessed (when it can be observed) during the whole five days. This includes punctuality, appearance and general manners.

Level Two Resit Policy

To be successful in achieving this qualification you will need to pass all four components (Riding, Teaching, Rider Analysis & Safety and Professionalism). If you are unsuccessful, we do offer partial re-sits. The following re-sit guidelines apply.

- Riding: if unsuccessful here, you will need to be re-assessed for the first five days of the exam week.
- Teaching: if unsuccessful here, will need to attend the last day or teaching assessment day, in order to be reassessed.
- Rider Analysis: if unsuccessful here, this will be reassessed at a time within the 4th& 5th (see course outline) days during the week of the exam.
- Safety and Professionalism: if you are unsuccessful within this element you will be required to re-sit the whole exam.

Contact Details

All matters concerning registration, payments, etc. should be referred to the admin office in the first instance - Email: admin@nzsia.org Ph: 03 4511534.

For URGENT matters only, please contact the Course Manager on snowboard@nzsia.org or you can call directly on 021 078 4718.

G o o d l u c k f r o m t h e t e a m a t S B I N Z !

Level Two Certification: Course Outline

This is a six-day exam is designed to build upon the skills learned in the Level One Certification. After completing this course you should be able to teach and demonstrate all intermediate levels, including Exploring the Turn, Exploring Freestyle, Exploring Freeriding and Exploring Carving. Prior to attending this course, you **MUST** have completed the Level Two E-Learning course, accessible through your member login at www.nzsia.org/member.

During the six days, candidates will be assessed on both their understanding and presentation of the above progressional elements, as well as all relevant demonstrations. Candidates' riding will be continually assessed by the Examiner during the first five days. At times there may be other Examiners assessing also. The riding standards can be viewed in the Level Two Riding Demonstrations video.

Candidates should continually show enthusiasm for riding AND teaching. A formal teaching assessment will be held on day six. There is a strong focus here on environmental and experiential teaching, utilising different teaching styles, feedback delivery, as well as the concepts explored in the Level One Certification. A strong technical understanding of body movements and board performances will also be required. This will be looked at closely within the Rider Analysis portion of the exam, which is held across two sessions on days four and five.

Please note that the following outline may be adjusted according to weather, snow conditions, closed days, etc. Portions of the exam may be held indoors if necessary.

Day 1:

- **Rider Improvement - Skidded turns.** *Can you demonstrate skidded turns both forward and switch, showing a well-balanced basic stance and efficient blending of movements? Can you achieve the appropriate board performance for the task?*
- **Introduce Exploring the Turn teaching progression with a focus on environmental and experiential learning, followed by teaching practice.** *Can you explain and demonstrate turn size and shape variations? Can you apply turn size and shape to changes in terrain? Do you understand how experiential and environmental teaching can be applied here? Can you identify some common inefficiencies for this level of student? Can you explain the importance of mileage?*
- **Review of rider analysis from Level One and how it changes for Level Two.** *Do you have a good understanding of how movements affect board performance? What are some common inefficiencies within intermediate snowboarders?*

Day 2:

- **Rider Improvement – Edged and Carved Turns.** *Can you demonstrate an efficient blending of movements with increased board performance to achieve carved turns using an active stance? Can you make carved turns utilising the board's side-cut, with an edge change before the fall line?*
- **Introduce the Exploring Carving teaching progression with a focus on VAK learning styles, followed by teaching practice.** *Can you explain and demonstrate the various exercises in the Exploring Carving progression? Can you explain inclination/angulation? Can you explain side-cut? Do you understand how the VAK model can be applied when teaching this? Are you aware of common rider inefficiencies in edged turns?*
- **Homework – rider analysis.** *Candidates will be given a practice written analysis test to take home and hand in the following day.*

Day 3:

- **Introduce Exploring Freeriding teaching progressions with varied teaching styles and effective feedback delivery, followed by teaching practice.** *Can you demonstrate consistent blending of movements to maintain appropriate turn size and shape to suit the off-piste terrain? Can you explain and demonstrate passive and active absorption? Do you understand the different teaching styles that can be used and how to deliver feedback effectively? Can you identify common inefficiencies for riders going off-piste for the first time?*
- **Rider Improvement - riding off-piste in multiple situations.** *Can you show an effective intro-to-off-piste demonstration? Can you confidently ride a black, off-piste slope? Can you achieve the appropriate combination of edge-pressure-steer to effectively ride off-piste terrain? Can you scope and ride the slope safely?*
- **Rider analysis homework review.** *Your Examiner will review your homework individually throughout the day and provide specific feedback. A selection of the corrective tasks discussed will be covered on the snow.*

Day 4:

- **Introduce Exploring Freestyle teaching progressions with the concept of Understanding Fear and the Three Cs, followed by teaching practice.** *Can you explain the progressions and demonstrate all the tasks within Exploring Freestyle? Can you highlight relevant safety considerations and apply the Park Smart code? Can you create a group culture that encourages confidence and helps to minimise fear? Do you understand how to apply the Three Cs? Can you detect and correct common rider inefficiencies using the ATTL model in freestyle?*
- **Rider Improvement – Freestyle.** *Are you confident to demonstrate nose and switch nose rolls, and all four 180s on easy green terrain? Can you demonstrate straight airs and basic aerial awareness on a small park or natural feature? Can you also demonstrate a pivoted boardslide and a press on a box?*
- **Evening Session - Rider Analysis Assessment.** *You have a total of 30 minutes to watch one rider and complete a written test (the video will continually loop for the first 10 minutes and then be turned off). The written test and analysis videos are available on the SBINZ website to give you an opportunity to practice before the exam.*

Day 5:

- **Verbal rider analysis with a corrective progression. 1 assessment per candidate, approximately 10 minutes, with another candidate acting as a student.** *You will watch a rider twice on a tablet or screen, then talk to the student about the issues that you have identified. You will then guide them through a corrective progression to help correct the inefficiencies on snow.*
- **Final riding check.** *Riding through selected tasks for one final look, some feedback may be given.*
- **Final practice teaching.** *This will be facilitated in segments with some feedback for changes and improvement.*

Day 6:

- **Teaching assessments – 1 lesson per candidate, approximately 30 minutes, with the other candidates as students.** You will assess the students' levels, find out their goals, and present exercises and drills from the relevant intermediate content, including demonstrations. Your lesson should be structured using the SBINZ Lesson Format, and include a variety of teaching methodologies that have been covered throughout the week. The lesson will conclude with a summary when prompted by your Examiner. At the end of the lesson your Examiner will ask you several questions to help you self reflect and check for clarification.
- **Evening presentation of results will be at a location off the mountain, in the local town.** Candidate and Examiner feedback is exchanged and discussed.

Example Marking Sheet:



Snowboard Level Two Certification

Date: _____ Candidate name: _____ Assessed by: _____ Location: _____

Overall Result Not Achieved Achieved

1. This component is not evident or present
 2. This component is beginning to appear
 3. This component appears at an adequate level **BUT NOT** with the required consistency
 4. This component appears at an adequate level **WITH** the required consistency
 5. This component appears frequently and above the required level
 6. This component appears continuously at a superior level

Riding

Stance	1	2	3	4	5	6
Vertical	1	2	3	4	5	6
Lateral	1	2	3	4	5	6
Rotational	1	2	3	4	5	6
Longitudinal	1	2	3	4	5	6
Skidded Turns	1	2	3	4	5	6
Carving	1	2	3	4	5	6
Freeriding	1	2	3	4	5	6
Freestyle	1	2	3	4	5	6

Teaching

Safety-Fun-Achievement	1	2	3	4	5	6
Lesson Format	1	2	3	4	5	6
Lesson Presentation	1	2	3	4	5	6
Terrain and Class Handling	1	2	3	4	5	6

Rider Analysis

Detect	1	2	3	4	5	6
Correct	1	2	3	4	5	6
Develop	1	2	3	4	5	6

Safety and Professionalism