



## P a r k   a n d   P i p e   C e r t i f i c a t i o n

The SBINZ Park and Pipe Certification is specifically for teaching freestyle, focused predominantly on park and pipe. It is a three-day workshop followed by a one-day exam, with assessment criteria in teaching, riding and analysis. This course only runs at a resort with a well-maintained park and a super pipe. Within New Zealand this resort is Cardrona Alpine Resort. The following information is important so keep it handy during your exam.

### What you need to bring everyday

- **Current** SBINZ Instructor's Manual (the printed version is not required on the snow, but you can download the PDF version to your phone).
- Money for lift tickets (*some resorts offer discounted lift tickets to candidates during exams, Treble Cone, Cardrona, Porters, Turoa, Rainbow and Whakapapa offer discounts to SBINZ candidates while on course. A list of names will be given to the ski school ticket office.*)
- Your board, boots and bindings! These should be well maintained and tuned.
- Warm, waterproof clothing including eyewear and gloves. You'll be outside everyday (as long as the mountain is open) for up to 6 hours per day.
- A helmet is also highly recommended (mandatory at Snow Planet).
- A notebook to take down important points.
- Lunch or lunch money.

### Daily Procedure

On the first day you will be introduced to your Examiners, organised into groups and briefed on the day's content. The day starts at 9am (and finishes between 3.30 and 4pm). Please meet at the Cardrona ski school meeting area (through the arch on the right hand side).

### Closed Days

If the mountain is closed, gather at the designated meeting point at 9.30am. You will be told where we have organised an indoor session which will start at 10am (we can't always book an indoor venue at the designated meeting place so we give you 30 mins to get to the new venue). Please wait until an Examiner arrives to brief you (don't ask staff members at the meeting place as they won't know). Locations are as follows:  
Wanaka - Cardrona town office (Dunmore St)

### Safety Policy and Incidents/Accidents

SBINZ courses/exams may require you to ride in a variety of conditions, terrain, and park/pipe features while completing specific tasks. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task. Depending on the situation this may affect the results of your examination. Course participants should be aware of and follow the **Snow Responsibility Code** at all times. Please report any incidents/accidents to your Examiner or directly to the Course Manager with the details, witnesses, location etc.

**Photos/Video**

We may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your trainer if you do not want images of yourself used in this way.

**Development and Feedback**

At the SBINZ we welcome your feedback and appreciate constructive ideas, if you have any feedback please talk with your Trainer or Course manager.

**Professionalism**

Please remember that all your professionalism and mountain conduct is continually assessed (when it can be observed) during the whole five days. This includes punctuality, appearance and general manners.

**Freestyle Cert Resit Policy**

To be successful in achieving this qualification you will need to pass all four components (Riding, Teaching, Rider Analysis & Safety and Professionalism). If you are unsuccessful in any of these, you must resit the full one-day exam. The Freestyle Workshop is valid for life.

**Contact Details**

All matters concerning registration, payments, etc. should be referred to the admin office in the first instance - Email: [admin@nzsia.org](mailto:admin@nzsia.org) Ph: 03 4511534.

For URGENT matters only, please contact the Course Manager on [snowboard@nzsia.org](mailto:snowboard@nzsia.org) or you can call directly on 021 078 4718.

**G o o d l u c k f r o m t h e t e a m a t S B I N Z !**

## Course Outline

After completing this course, participants should be able to teach and demonstrate all of the SBINZ freestyle progressions. The certification involves a three-day workshop and a one-day exam (you don't have to take the exam in the same winter if you don't feel ready).

Daily content may vary according to weather, snow conditions, availability of halfpipe, closed days etc. Portions of the workshop may be held indoors if necessary.

### Park and Pipe Workshop

#### Day 1: Jumps

- Intro to features - SCOPE and Park Smart.
- Teaching progressions - Outside-In Concept (introducing skills outside the park before applying them inside the park), movements and board performance with range, timing and power, ATTL.
- Rider improvement.
- Video and feedback, with analysis practice.
- Teaching practice.

#### Day 2: Boxes and Rails

- Intro to features - SCOPE and Park Smart.
- Teaching progressions - Outside-In Concept (introducing skills outside the park before applying them inside the park), movements and board performance with range, timing and power, ATTL.
- Rider improvement.
- Video and feedback, with analysis practice.
- Teaching practice.

#### Day 3: Halfpipe

- Intro to features - SCOPE and Park Smart.
- Teaching progressions - Outside-In Concept (introducing skills outside the park before applying them inside the park), movements and board performance with range, timing and power, ATTL.
- Rider improvement.
- Video and feedback, with analysis practice.
- Teaching practice.

### Park and Pipe Exam

The riding components will be assessed during the morning and the teaching assessments will take place after lunch (if the weather looks better in the afternoon we may swap the order). During the morning the group will hike each feature (e.g. jump / rail / pipe) for approximately 1 hour per feature. During these 1 hour sessions the candidate must demonstrate each of the tasks (listed below) to the required standard.

#### Riding Assessment - Jumps

On smaller park jump (2-3 metres):

- Grabs
- A switch straight air
- A regular frontside 180 (not switch)
- A backside 180
- A regular 360, frontside or backside (not switch)

On a medium park jump (3-6 metres):

- Straight airs with grabs
- A 180 of your choice and a 360 of your choice

All jump tasks must be demonstrated with:

- An appropriate amount of speed and pop
- A balanced position in the air
- Landing in the steepest part of the landing (after the knuckle)
- A straight landing with no reverts, over-rotation or hand drags

### **Riding Assessment - Rails / Boxes**

On a medium box or rail feature (raised above the snow, straight-on approach):

- Backside and frontside boardslides, sliding sideways on the rail and returning to forward on landing (not switch)
- A switch 50-50
- A 50-50 to 180 out (frontside or backside)
- A nose and tail press

On an urban/street style medium box or rail feature (raised above the snow, approaching from the side):

- A 50-50

### **Riding Assessment - Halfpipe**

In a Super Pipe:

- Dropping-in from both sides, from the highest part of the wall (vert).
- Consistently clean and smooth airs, showing the ability to pump transition and edge appropriately. At the apex of the turn, the snowboard's pivot point should be above the lip consistently (this is illustrated by the nose of the board coming above the lip followed by the tail coming above the lip as you turn in the air).
- The ability to show a variety of grabs on both walls, also at the lip.
- A 360 at least halfway up the wall, on either wall.

### **Teaching Assessment**

Candidates will be asked to teach any of the jump or rail tasks, or intro to pipe. The lesson should take approximately 15–20 minutes and will be marked on the following criteria:

- Demonstrate and explain appropriate park or pipe safety and etiquette.
- Contain a logical lesson plan with a progression that develops the skills required, focussing on the appropriate movements, board performances Concepts and use of range, timing or power.
- The lesson must involve the Outside-In concept (building skills outside the park/pipe before applying them in the park/pipe).
- Appropriate use of ATTL.
- The lesson may be followed by several questions to further test the candidates understanding.

### **Rider Analysis Assessment**

The teaching assessment will include a brief rider analysis segment where the candidate will watch the examiner perform a task and then give them feedback.