



L e v e l O n e C e r t i f i c a t i o n

The SBINZ Level One is recognised within New Zealand as the entry-level teaching qualification for snowboarding. It is a five-day course, with assessment criteria in teaching, riding and analysis. The following information is important so keep it handy during your exam.

What you need to bring everyday

- **Current** SBINZ Instructor's Manual (the printed version is not required on the snow, but you can download the PDF version to your phone).
- Money for lift tickets (*some resorts offer discounted lift tickets to candidates during exams, Cardrona, Porters, Turoa, Rainbow and Whakapapa offer discounts to SBINZ candidates while on course. A list of names will be given to the ski school ticket office.*)
- Your board, boots and bindings! These should be well maintained and tuned.
- Warm, waterproof clothing including eyewear and gloves. You'll be outside everyday (as long as the mountain is open) for up to 6 hours per day.
- A helmet is also highly recommended (mandatory at Snow Planet).
- A notebook to take down important points.
- Lunch or lunch money.

Daily Procedure

On the first day you will be introduced to your Examiners, organised into groups and briefed on the day's content. The day starts at 9am (and finishes between 3.30 and 4pm) at the following meeting places:

- Cardrona - ski school meeting area (through the arch on the right hand side).
- Coronet Peak - on the deck outside the café.
- The Remarkables - at ski school meeting area (left hand side of base building looking uphill).
- Treble Cone - outside the ski school office, next to the beginner slope.
- Mt Hutt - outside the ski school office (upstairs from car park, turn left).
- Whakapapa - outside Lorenz's café at the bottom of the rock garden chair.
- Turoa - outside the café at the bottom of the mountain.
- Niseko Grand Hirafu – outside Dot Base Café near the welcome center.
- Other international locations – to be advised depending on location.

Closed Days

If the mountain is closed, gather at the designated meeting point at 9.30am. You will be told where we have organised an indoor session which will start at 10am (we can't always book an indoor venue at the designated meeting place so we give you 30 mins to get to the new venue). Please wait until an Examiner arrives to brief you (don't ask staff members at the meeting place as they won't know). Locations are as follows:

Wanaka - Cardrona town office (Dunmore St)

Queenstown - The Station building (corner of Camp/Shotover Streets)

Methven - Mt Hutt town office

Turoa – The Ohakune Club (Goldfinch St, Ohakune)

Whakapapa - D.O.C. Info Centre (Whakapapa Village)

North Island Only

If the ski areas are on hold or closed we will decide our course of action at 8.15am.

Please listen to the radio report or check the Mt Ruapehu website to find out.

- If both ski areas are on hold or closed, go to the closed day plan.
- If our ski area is on hold or closed (regardless of whether the other ski area is open or on hold) please contact the Course Manager to find out the plan for the day.
Depending on what is open at the other ski area we may go there, or we may have an indoor day.

Safety Policy and Incidents/Accidents

SBINZ courses/exams may require you to ride in a variety of conditions, terrain, and park/pipe features while completing specific tasks. If at any time you feel unsafe or at risk of injury you should tell your trainer that you wish to opt out of the particular task.

Depending on the situation this may affect the results of your examination. Course participants should be aware of and follow the **Snow Responsibility Code** at all times.

Please report any incidents/accidents to your Examiner or directly to the Course Manager with the details, witnesses, location etc.

Photos/Video

We may at times use photos or videos taken during our courses for training, marketing or social media use. Please inform your trainer if you do not want images of yourself used in this way.

Development and Feedback

At the SBINZ we welcome your feedback and appreciate constructive ideas, if you have any feedback please talk with your Trainer or Course manager.

Professionalism

Please remember that all your professionalism and mountain conduct is continually assessed (when it can be observed) during the whole five days. This includes punctuality, appearance and general manners.

Level One Resit Policy

To be successful in achieving this qualification you will need to pass all four components (Riding, Teaching, Rider Analysis & Safety and Professionalism). If you are unsuccessful, we do offer partial re-sits. The following re-sit guidelines apply.

- Riding: if unsuccessful here, you will need to be re-assessed for the first four days of the exam week.
- Teaching: if unsuccessful here, will need to attend the last day or teaching assessment day, in order to be reassessed.
- Safety and Professionalism: if you are unsuccessful within this element you will be required to re-sit the whole exam.

Contact Details

All matters concerning registration, payments, etc. should be referred to the admin office in the first instance - Email: admin@nzsia.org Ph: 03 4511534.

For URGENT matters only, please contact the Course Manager on snowboard@nzsia.org or you can call directly on 021 078 4718.

G o o d l u c k f r o m t h e t e a m a t S B I N Z !

Level One Certification: Course Outline

This course includes various teaching, learning and communication methodologies, technical snowboarding concepts and some rider development, and the SBINZ progression for beginner snowboarders. There is also a big focus placed on the ability to perform demonstrations that are suitable for beginner students. Prior to attending this course, you MUST have completed the Level One E-Learning course, accessible through your member login at www.nzsia.org/member.

During the five days, candidates will be assessed on both their understanding and presentation of the beginner progression, as well as all relevant demonstrations. Candidates' riding will be continually assessed by the Examiner during the first four days. At times there may be other Examiners watching and assessing also. Note that candidates will be required to perform a 50-50 on a ride-on box and an Ollie on a green slope.

Candidates should continually show enthusiasm for riding AND teaching. A formal teaching assessment will be held on day five. There is a strong focus on creating a fun and positive learning environment during this assessment, utilising the relevant teaching concepts marked with a green circle in the SBINZ manual.

Please note that the following outline may be adjusted according to weather, snow conditions, closed days, etc. Portions of the exam may be held indoors if necessary.

Day 1:

- **Introduce basic stance and the four directions of movement, rider improvement and board setup.** *Can you explain and demonstrate the four directions of movement? Can you explain the importance of basic stance and how it effects all movement options? Can you explain the importance of board setup?*
- **Introduce the Safety-Fun-Achievement concept and Lesson Format.** *Do you understand how to adjust a lesson to cater for student's personal achievements? Can you explain what is involved in each stage of the Lesson Format?*
- **Introduce the First Timers teaching progression, presenting using What-Why-How, plus the necessary terrain and class handling elements.** *Can you recall the elements of the First Timers teaching progression in order? Can you explain and demonstrate each exercise or drill? Can you explain goofy/regular and how this affects a lesson? Can you demonstrate various hands-on techniques?*
- **Homework:** Study Maslow's Hierarchy of Needs (Chapter Two in the SBINZ manual) and the Basics of Teaching Children (Chapter Five).

Day 2:

- **Rider Improvement – focus is on an efficient basic stance and blending of rotational and lateral movements.** *Can you demonstrate an efficient basic stance and blending of movements in beginner skidded turns?*
- **Workshop and present the Maslow's Hierarchy of Needs and the Basics of Teaching Children.** *Your examiner will choose an element within these topics for you to present back to the group. This only needs to be a few minutes long and should highlight the key points involved.*
- **Practice teaching the First Timer progression with peer feedback.** *Can you present all exercises/tasks in order using What-Why-How with appropriate terrain and*

class handling? Do you understand how to include the Safety-Fun-Achievement concept here? Can you do the same for a children's lesson?

- **Homework** - Written Rider Analysis questionnaire handout to be completed.

Day 3:

- **Introduce the Learn-to-Turn teaching progression, presenting using What-Why-How, plus the necessary terrain and class handling elements.** *Can you recall the elements of the Learn-to-Turn teaching progression in order, explain and demonstrate each exercise/drill? Can you explain how to ride the relevant lifts?*
- **Intro to Park – Apply Maslow's Hierarchy of Needs to park riding with 50-50s on a box, and address Park Smart.** *Can you self reflect on your own positioning with the Maslow's Hierarchy of Needs model when entering the park? Can you perform a 50-50 on a box?*
- **Rider Improvement – continue developing the blending of movements within skidded turns and explore the use of vertical and longitudinal movement within Ollie's, and flat base techniques for 50-50s. Introduction of Versatility tasks -** *Can you perform the beginner skidded turns in both forwards and switch? Can you demonstrate an efficient stance and blending of movements to create a flat base for a 50-50 and use the legs independently to create an Ollie? Can you adapt your movements to show different turn size and shape? Can you demonstrate a flat land 360, front & backside? Can you increase your edging performance?*
- **Workshop review of Rider Analysis sheets - your examiner will collect for marking and discuss answers as a group.**

Day 4:

- **Final check of beginner demonstrations, with a focus on J-turns, garlands and inking skidded turns.** *Have you got all the beginner demonstrations locked in? Can you perform all of these with an appropriate level of performance and a solid basic stance?*
- **Practice teaching the Learn to turn progression with peer feedback.** *Can you present all exercises/tasks with a good What-Why-How that is adjusted to suit children and adults? Do you understand how to structure a beginner lesson from start to finish, using a strong Lesson Format?*
- **Example exam teach – your examiner will setup an example of how the teaching assessment will run on day five.** *Are you ready to do an assessed teach for both adults and children? Do you have all the information you require to reach the necessary pass mark? Do you understand the importance of a professional manner and appearance?*

Day 5:

- **Teaching assessments - 1 lesson per candidate, approximately 15 minutes each, with the other candidates as students.** *You will be told if they are adults or children (7-10 years old) before you start. You will assess their level (verbally and visually), find out their goals, and present the next exercise/drill from the beginner progression, including all relevant demonstrations. Your lesson should follow the SBINZ Lesson Format and centred around the Safety-Fun-Achievement model. At the end of the lesson your Examiner will ask you several questions to help you self reflect and check for clarification.*

- **Presentation of results.** To be held at a location within the ski area in the afternoon. Candidate and Examiner feedback is exchanged and pathways for future qualifications discussed.

SBINZA Snowboard Level One Certification

Date: _____ Candidate name: _____

Assessed by: _____ Location: _____

Overall Result Not Achieved Achieved

1. This component is not evident or present
 2. This component is beginning to appear
 3. This component appears at an adequate level **BUT NOT** with the required consistency
 4. This component appears at an adequate level **WITH** the required consistency
 5. This component appears frequently and above the required level
 6. This component appears continuously at a superior level

Teaching

Safety-Fun-Achievement	1	2	3	4	5	6
Lesson Format	1	2	3	4	5	6
Lesson Presentation	1	2	3	4	5	6
Terrain and Class Handling	1	2	3	4	5	6

Riding

Stance	1	2	3	4	5	6
Vertical	1	2	3	4	5	6
Rotational	1	2	3	4	5	6
Lateral	1	2	3	4	5	6
Longitudinal	1	2	3	4	5	6
Beginner Progression Demos	1	2	3	4	5	6
Skidded Turn Demos	1	2	3	4	5	6
Freestyle Demos	1	2	3	4	5	6

Rider Analysis

Safety and Professionalism

SAMPLE