

Level Three Certification Course

Level Three Workshops

The SBINZ Level Three pathway begins with two workshops; a Riding workshop and a Teaching/Analysis Workshop. Both are three days in length.

Before attending the workshop modules you should have spent time preparing and training. This can be done by teaching and riding in as many varied situations as much as you can and by studying the most recent version of the SBINZ manual (available in print and as a PDF download on the website).

The workshops are there to guide you in the right direction, rather than handing you the answers on a plate. Prior to attending the workshop, you **MUST** have completed the Level Three E-Learning course, accessible through your member login at www.nzsia.org/member.

The schedule below is only a guide and changes may occur due to poor weather or unsafe environmental conditions.

Ride workshop

Day 1:

- Review directions of movement and board performance, whilst learning how to quantify movements using range, timing and power.
- Develop advanced turn types with size and shape appropriate to terrain and situation, both on and off-trail.
- Video candidates' riding on and off-trail. This will be done at some point throughout the day.
- Indoor analysis of the video with rider improvement and self-reflection.
- Homework - write up feedback from the day.

Day 2:

- Rider improvement for advanced carving with turn types, options and tactics. Specific individual feedback and movement focuses will be given.
- Terrain tactics with rider improvement for both terrain and snow condition variables. Self-reflection will be challenged throughout the day.
- Homework - write up feedback from the day.

Day 3:

- Rider improvement for freestyle.360s both in directions on natural features and small park jumps in addition to boardslides on flat box features.
- All-mountain riding with versatility tasks including butters, drops, hardways spins (toe-to-toe and heel-to-heel), rhythm tasks and switch riding.
- Final debrief with candidates.

Teaching/Analysis Workshop

Day 1:

- Review progression elements for advanced turn types.
- Recap established SBINZ teaching concepts with freestyle/versatility riding tasks.
- Introduce developmental teaching content for freestyle with feedback methods.
- Intro to Level Three analysis indoor session using footage of advanced riders, with an introduction to the Domino Effect.
- Homework - written analysis on a specified rider online.

Day 2:

- Summarise written video analysis with peer reviews from homework.
- Tactical approach to freeride situations using SCOPE. Ride different terrain with candidates leading the decision making process (What, Why, How).
- Verbal video analysis as setup in the exam.
- Workshop corrective lesson plans using identified issues in verbal analysis.
- Homework - create corrective lesson plans for specified rider and their issues.

Day 3:

- Summarise verbal analysis and corrective teaching from the previous day.
- Developmental teaching for advanced carving with a question-based learning focus.
- Practice developmental teaching scenarios with self-reflection and peer feedback.
- Final debrief with candidates.

Level Three Exam

The Level Three Exam is a four-day assessment split into three modules; Riding, Analysis / Corrective Teach, and Developmental Teach. You can choose your own pathway through this process. It is essential that you have attended the relevant SBINZ workshops before being assessed within that module.

Riding Exam

The schedule below is only a guide and changes may occur due to poor weather or unsafe environmental conditions.

Day 1: Freestyle and Versatility

- If conditions permit, all freestyle aspects will be assessed here. This includes frontside and backside 360s and boardslides. The 360s may be on small park jumps, natural features or a combination of both.
- Multiple versatility tasks will be assessed here. This MAY include up/down unweighting combo tasks, toe-to-toes and/or heel-to-heels, rhythm tasks and dolphin turns.

Day 2: Freeriding and Carving

- Candidates advanced carving will be assessed through three different set tasks This will be done using a variation of turn types (e.g. down unweighting, retraction etc). High performance carving and switch carving is likely to be included here.
- Candidates freeriding will be assessed through three different set tasks.
- A combination of turn type/size/shape as selected by the Examiners. This can occur on any terrain or snow conditions on the mountain. E.g. steepes, bumps, crud, ice, powder, slush, groomed runs etc. The variety of riding tasks you may be required to perform can be found in the Level Three Riding Tasks video. However additional tasks may be included at the Examiner's discretion.

Corrective Teach / Rider Analysis Exam (1 Day)

Written Analysis:

- Candidates will be assessed within a written test while watching an advanced rider shown on a screen. This will continually loop for 10 minutes, with another 20 minutes given to complete a written test (total of 30 to 40 minutes). You can begin filling out the test as soon as the video starts.
- A copy of both the written test and the verbal guidelines can be found on the website on the [downloads page](#).

Verbal Analysis and Corrective Teach:

- Candidates will watch an advanced rider on a tablet or smartphone then connect with a student and explain what the main issues are.
- This is followed by a short Q&A session with the Examiners.
- The candidate will then construct a 15-20 minute corrective lesson around the issues they identified.

Developmental Teaching Exam (1 Day)

- Candidates will present a 30-45 minute peer-to-peer developmental lesson with the other candidates as students. The presented topic is chosen by the candidate who is being assessed. The purpose is to develop the group's own riding level by adjusting to their learning styles and level of understanding and ability., Relevant teaching models and methodologies in the SBINZ manual should be used within this teach where appropriate.
- This includes: Level One concepts such as Safety-Fun-Achievement and the SBINZ Lesson Format; Level Two concepts such as VAK and Environmental/Experiential Teaching; Level Three concepts like Question-based Learning and the Domino Effect.

Presentation of results will be in the evening in town at a venue to be confirmed on the day. Candidate and Examiner feedback is exchanged and discussed.