

# SBINZ Children's Certification Written Rider Analysis

CANDIDATE NAME \_\_\_\_\_ TASK \_\_\_\_\_

## Section 1. Stance Inefficiencies

### 1A. Detect the main inefficiencies with the rider's stance.

*\* The position of specific body parts*

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*\* If it is present toeside and/or heelside*

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*\* Any equipment issues*

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### 1B. How would you correct the child's stance

*\* What task and terrain you would use to correct the above inefficiency*

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*\* What task and terrain you would use to correct the above inefficiency*

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*\* Words, phrases or analogies you could use, considering their COGNITIVE development*

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## Section 2. Movement Inefficiencies

### 2A. Identify inefficient movements that the child is making

*\* The body part(s) causing the issue and how this relates to the four movements*

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*\* If this is present in their toe side turn and/or heelside turn*

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*\* The effect on the board's performance and the child's ability to achieve the task*

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*\* Was the REAL effect on the board IDEAL even if the movements were inefficient*

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### 2B. How would you correct the child's movements

*\* Considering their PHYSICAL development, which body part(s) you will focus on and HOW should the student move them*

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*\* What you would do to determine if these movements are achievable*

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*\* The exercises/tasks and terrain you would use*

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