

New 2022 analysis format for Trainers Cert is a two-part process:

1. On-snow format, with real life L1 instructors, using Question-based Learning
2. Indoor rolling group session on the skill of analysis

On-Snow Analysis

Utilising L1 instructors who are training for their L2, based at either Cardrona (polytech students) or Remarks (rookie instructors), this will be a one-hour session, with the full group. Format as follows:

- Pair up Trainers Candidates with a L1 instructor
- Ride half a lap to a designated area suitable for lap coaching, using this as an opportunity to watch the L1 instructor's general riding to get a feel for their stance, body type and general movement patterns
- L1 instructors get a task from the L2 each on a piece of paper, given at random
- Each L1 instructor takes it in turns to ride down to the Trainers Candidate demonstrating the task and receiving a question-based learning style of feedback at the bottom
- The L1 instructor takes a lap, whilst the Trainers Candidate stays with the Examiners
- Process is repeated on the second lap with further question-based learning feedback

Candidates are assessed on their ability to use question-based learning in real life and increase awareness in the L1 instructor.

Indoor Analysis Session

This is a rolling group session, with Candidates taking it in turns to present an indoor analysis training session to the others in the exam. Each candidate will have a 10 min presentation slot with 10 mins to prepare beforehand, whilst watching the rider they have been given.

Format as follows:

- One rider per candidate (L2 freeride or on-trail freerun scenario)
- Focus topic provided for each presentation (provided on a piece of paper at random)
- 10 mins to watch the rider before (while another candidate is presenting)
- 10 mins to present and develop analysis skills, aiming it towards L1 instructors training towards their L2
- Candidate controls the computer

Focus topics:

- Stance detect & correct
- Toeside & heelside comparison
- Prioritising inefficiencies
- Body-to-board cause and effect
- Board performance in turn phases

Candidates are assessed on their technical analysis skills and understanding, plus their ability to present a specific analysis focus topic.